



Match Guidelines for Boxing Ontario Club Shows & Tournaments as per Boxing Canada October 2022

*Weight, Age and Experience must be considered before Matching

AGE ALLOWANCES as per Year of Birth

- Fun Box Bouts - (6-12 yr olds) 12-month age difference allowed ** Ages 11-12 can also participate.
- Junior A vs Junior A - (11 – 12 yr olds) - No Restrictions
- Junior A vs Junior B - 24-month age difference allowed
- Junior B vs Junior B - (13- 14 yr olds) – No Restrictions
- Junior B vs Junior C - 24-month age difference allowed
- Junior C vs Junior C - (15 – 16 yr olds) - No Restrictions
- Youth vs Youth – (17-18 yr olds) – No Restrictions
- **Matches between – JrC vs Yth upon approval of Supervisor only**
- Masters 40 yrs of age or over may only box opponent up to 10 yrs older/ younger by DOB
- Youth who have reached their 17 birthdate – can box Elite boxers
- Youth who are Elite by YOB and participating in Provincial / Nationals and Qualifiers may box Elite

WEIGHT ALLOWANCES.... **When not in the Same Weight Class**

MALE Youth and Elite

- Boxers under 60 kg (132.2 lbs)3 kg (6.6 lbs) difference allowed
- Boxers over 60 kg (132.2 lbs) to 71 kg (156.5 lbs)4 kg (8.8 lbs) difference allowed
- Boxers over 71kg (156.5 lbs) to 80kg (176.3 lbs)5 kg (11 lbs) difference allowed
- Boxers over 80 kg (176.3 lbs) to 92 kg (202.8 lbs)6 kg (13 lbs) difference allowed
- Both boxers over 92 kg (202.8 lbs)No maximum weight difference

FEMALE Youth and Elite

- Boxers under 66 kg (145.5 lbs)3 kg (6.6 lbs) difference allowed
- Boxers over 66 kg (145.5 lbs) to 75 kg (165.3 lbs)4 kg (8.8 lbs) difference allowed
- Boxers over 75 kg (165.3 lbs) to 81 kg (178.5 lbs)6kg (13 lbs) difference allowed
- Both boxers over 81 kg (178.5 lbs) No maximum weight differences

MALE AND FEMALE JR A B C

- Boxers under 54 kg (119 lbs)3 kg (6.6 lbs) difference allowed
- Boxers over 54 kg (119 lbs) to 66 kg (145.5 lbs)4 kg (8.8 lbs) difference allowed
- Boxers over 66 kg (145.5 lbs) to 80 kg (176.3 lbs)6 kg (13 lbs) difference allowed
- Both boxers over 80 kg (176.3 lbs)No maximum weight difference

MALE AND FEMALE FUN BOUTS

All weight classes - 3kg (6.6lbs) difference allowed **



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MASTERS

- Boxers all weight classes 4.5kg (9.9) difference allowed

EXPERIENCE ALLOWANCES

- Fun Bouts - Maximum 10 bout difference
- Novice vs Novice..... Maximum 7 bout difference
- Novice vs Open..... Maximum 5 bout difference
- Open vs Open.....No limit, each competitor's experience considered

HEADGEAR

- Headgear is mandatory for all

GLOVES

12 oz gloves - Male Youth / Elite – above 71kg

16 oz gloves - All exhibitions / All Masters

10 oz gloves – All other bouts

8 COUNTS

- Elite (Senior)Open Male3 in a round, unlimited in the bout (maximum 7)
- All others Open Categories3 in a round, maximum 4 in the bout
- All Novice Categories 2 in a round, maximum 3 in a bout
- All exhibition bouts..... 1 in the bout
- All Fun bouts.....1 in the bout

ROUNDS

- Elite (Senior) and Youth Open 3 x 3
 - Elite (Senior) and Youth Open Female 3 x 3
 - Jr C Male and Female.....3 x 2
 - Jr B Male and Female..... 3 x 1.5
 - Jr A Male and Female.....3 x 1
 - Fun Bouts3x1
 - Masters 41-45 Male and Female.....3 x 2
 - Masters 46 – 55 Male and Female.....3 x 1.5
 - Masters 56 – over Male and Female.....3 x 1
- Boxers may box less than allowed rounds but not more
 - For all boxers except Masters the length of rounds is determined by the lowest age classification of boxers in the match
 - In Master the length of rounds is determined by the highest age classification of the boxers