

---

## PRESS RELEASE: Brampton Cup Returns for Milestone 40<sup>th</sup> Anniversary

**JANUARY 31, 2023 | TORONTO, ON.** – [The Brampton Cup](#), one of Canada’s largest and longest-running Olympic-style boxing tournaments, celebrates its 40<sup>th</sup> anniversary this year with the first bell sounding this Thursday, February 2.

The renowned four-day tournament, hosted by [Bramalea Boxing Club](#) and sanctioned by [Boxing Ontario](#), is back in action at Brampton’s Save Max Sports Centre on February 2-5, 2023. The Brampton Cup organizers expect to welcome over 600 amateur athletes of all ages and skill levels from across Ontario, Canada, and the world.

Making the 40<sup>th</sup> Anniversary of the Brampton Cup even more historic, the Brampton Cup will also be the site of the [2023 Canadian Elite Championships](#) hosted by [Boxing Canada](#). The tournament will determine Canada’s National team and is the next step as Ontarian and Canadian boxers chase their international and Olympic dreams. The 2023 Brampton Cup brings together both top Canadian boxing talent and exciting newcomers to the sport.

One of the many draws of the three-ring, four-day Brampton Cup tournament is that it gives novice boxers an opportunity to fight in an Olympic-style format with multiple rings and multiple opponents. “The Brampton Cup started as a developmental boxing tournament for novice boxers to compete against other boxers of the same skill. Usually boxing tournaments were for those boxers who had experience and were trying to advance provincially and nationally,” says host club, Bramalea Boxing.

Originally called the Roddy MacDonald Tournament, in 1983 the Bramalea Boxing Club—under the direction of Peter Sjouwerman—took over running the tournament and renamed it The Brampton Cup.

“As a developmental tournament, a lot of boxers had their start at the Brampton Cup. Some went on to represent Canada in the Olympics or turned professional. Some legendary Brampton Cup alumni are Lennox Lewis, Dewith Frazer, Chris Johnson, Troy Ross, and Egerton Marcus. Even this generation’s new professional boxers have boxed in this tournament such as Josh Frazer, Jake Daoust, Melinda Watpool, Lucas Bahdi, Bonnie Hunter, Moe Zawadi, John Michael Bianco, and Carolyn Redmond to name a few,” says Bramalea Boxing.

With a rich 40-year history, the next generation of athletes is looking to make its mark on the time-honoured tournament.

Boxing Ontario is grateful to Kathy Sjouwerman and Bramalea Boxing Club for their dedication and hard work that brings this much-anticipated event together.

For more information on the 2023 Brampton Cup and schedules, results, and spectator tickets, please visit [BoxingOntario.com](#).

– 30 –

### **About Boxing Ontario:**

Boxing Ontario is the only governing body for Olympic-style boxing in Ontario. As such, it is affiliated with Boxing Canada (CABA), the International Boxing Association (IBA) and the Ontario Ministry of Tourism, Culture, & Sport. Founded in 1972, Boxing Ontario encompasses over 150 clubs, 1,500 competitors, and more than 12,000 recreational members.



**Media Contact**  
Boxing Ontario Public Relations  
Office +1 (416) 426-7250  
[pr@boxingontario.com](mailto:pr@boxingontario.com)

---

**About Bramalea Boxing Club:**

[Bramalea Boxing Club](#) is the proud host of the Brampton Cup Tournament. The Bramalea Boxing Club has been a member of Boxing Ontario since its inception, training boxers in Olympic-style boxing for over 40 years.

**Important Links:**

- [2023 Brampton Cup Tournament Page](#)
- [Boxing Ontario Website](#)

**Inquiries/Questions:**

- Questions regarding withdrawals and schedule: Boxing Ontario | [info@boxingontario.com](mailto:info@boxingontario.com) | 416-426-7250
- Questions regarding event information: Bramalea Boxing Club - Kathy Sjouwerman | [kathy@bramaleaboxingclub.com](mailto:kathy@bramaleaboxingclub.com)

**Boxing Ontario Media Contact:**

Rebecca Freeman | Communications, Boxing Ontario | [pr@boxingontario.com](mailto:pr@boxingontario.com) | +1 (416) 426-7250

**Interview Opportunities:**

Interviews are available virtually, via email or phone with:

- Board Members (contacts available upon request)
- Erik Olsen (Executive Director, Boxing Ontario)
- Brampton Cup organizers (contacts available upon request)