



COVID-19 STAGE 3 UPDATE

October 2, 2020

Referencing O. Reg. 364/20 and "A Framework for Reopening our Province STAGE 3"

PLEASE REFER TO PAGE 2 FOR BOXING ONTARIO SPECIFIC REQUIREMENTS

As the number of new cases continues to rise, the province is taking decisive action to prevent and stop the spread of the virus and avoid future lockdowns. These new restrictions were adopted through the amended order [O. Reg 364/20](#) (Rules for Areas in Stage 3 under the *Reopening Ontario [A Flexible Response to COVID-19] Act, 2020*). They include mandating the use of face coverings in all public indoor settings across the province, such as businesses, facilities and workplaces, with limited exemptions, including corrections and developmental services.

Targeted measures will also be implemented in **Ottawa, Peel, and Toronto** as a result of their higher than average

- **Restricting group exercise classes at gyms and other fitness settings to 10 individuals, as well as restricting the total number of people allowed at these facilities to a maximum of 50; and**

"With Ontario's recent alarming growth in the number of COVID-19 cases, our government is taking further action to help stop the spread of the virus and avoid future lockdowns," said Minister Elliott. "These are difficult, but necessary decisions that are being made to keep people safe, especially our seniors and vulnerable citizens. Everyone must follow the public health guidelines if we are going to stop the spread and contain the second wave."

This amended order will come into effect on Saturday, October 3, 2020 at 12:01 a.m.

In addition, the government is:

- **Pausing social circles and advising that all Ontarians allow close contact only with people living in their own household and maintain two metres physical distancing from everyone else. Individuals who live alone may consider having close contact with another household; and**

As such Boxing Ontario is providing the following support and information points for you to remain open and maintain a safe environment in your club.

Points below are now **REQUIRED** even in this stage and these are referred to as “**MUST or SHALL**” other points are optional and are referred to as “**SHOULD**”:

1. All participants in boxing activities **MUST** be registered with Boxing Ontario; this ensures liability and negligence insurance coverage. Also required under Boxing Ontario Bylaws ARTICLE VI REGISTRANTS AND ASSOCIATES.
2. All persons inside a club **MUST** wear a face covering (which covers mouth and nose) unless participating in fitness activities.
3. “**Social Circles**” **SHALL** cease; Boxing Ontario will **NOT endorse or allow** sparring or other similar training at this time.
4. Clubs located in **Ottawa, Peel and Toronto SHALL** limit class sizes and total capacity as above.
5. The club **SHALL** review their local (regional) governmental and/or public health requirements and ensure compliance.
6. The club **SHALL** have in place a policy document(s), including:
 - a. Screening processes for illness of **ALL PERSONS** (Including staff and volunteers) entering the club.
 - b. A plan for communication with local public health as needed.
 - c. A plan on how to allow a “symptomatic” person who was refused entry to re-attend.
 - **Recommended:** The person will have to confirm they have a negative COVID test or are able to return from a medical doctor.
7. The club **SHALL** track **ALL** persons entering and leaving; records **SHALL** be kept and accessible for 28 days.
8. The club should have signage inside and/or outside which includes the following messages:
 - a. Limiting the number of persons in the facility to the current regional or governmental requirement.
 - b. Relating to hygiene practices, which are in effect.
 - c. Pre-screening for symptoms of illness with instructions **NOT TO ENTER**.
 - d. Other signage as required by local Public Health or any level of government.
9. A distance of 2 metres (6.5 feet) between persons **SHALL** be maintained:
 - a) The above is not required for persons from the same household.
 - b) Focus pad training or other training which requires person to be closer **SHALL** cease.
10. Common equipment (bags, skipping ropes, etc.) and areas **MUST** be cleaned and disinfected after each use.
11. The club **SHOULD** complete deep cleaning, waste removal and disinfection or sanitization of all open areas at least once in a 24 hr period.
12. Food/drink preparation or serving areas **SHALL** meet “safe food handling” industry norms as well as O. Reg. 364/20 as applicable.

If you require more information or specific support please email:

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Prepared by:

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